



Pensford Primary School, Pensford, Bristol, BS39 4AA

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Tuesday, 9th January 2024

Dear Parents and Carers

Food Technology Week 22nd-26th January

I'm writing to let you know about an exciting week coming up for the children. We want to use the week to highlight the part of our Design Technology Curriculum that covers the 'cooking and nutrition' elements of the national curriculum. In doing this, we'll involve every child in preparing some food across the week.

To give you a flavour(!) of the week, here is an overview:

Ducklings will learn about different foods and where they come from, including herbs we can grow here at school. They will make their own herb-flavoured bread too.

Dragonflies will design and make healthy salads (Y1) and sandwiches (Y2), learning about different food groups and what makes a balanced diet in the process.

Otters will test their knowledge of fruits from the UK and abroad by making two different fruit salads. They will serve these with cinnamon-toast eggy bread, using a recipe given to us from the chefs at The Pony, Chew Magna.

Kingfishers will also use recipes given to us by the chefs at The Pony. Year 5 will use the school kitchen to make a 'Pasta Forest Recipe' with purple-sprouting broccoli 'trees'. Year 6 will actually visit the teaching kitchen at The Pony to make their own venison burgers. This will be under the guidance of Josh Eggleton, head chef. Kingfisher class will also learn about the seasonality of food and what is available when across the year.

Year 6 parents: please complete [this consent form](#) for the trip to The Pony. On the form you can tell us if you would prefer that your child makes a vegetarian burger instead of the venison one.

As with any learning activity, school will provide from its budget the resources for the food week, including the ingredients. If you would like to make a financial contribution to this we have set up an item on MCAS in PRODUCTS to allow you to do this. Or why not sign up to [EasyFundraising](#) (if you haven't already) for a FREE way to support the school budget?

Finally – please can I ask that **all parents** use this opportunity to ensure we have up-to-date information about your child's dietary needs. If you would like to double check the information we hold, please contact the school office.

I hope that the children all enjoy learning about and cooking the food in this week.

Kind regards

Warrick Barton
(Headteacher)

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