

# When do I need to self-isolate?

To keep life moving and stop Covid-19 from spreading further, it's still important to self-isolate when you're asked to.

There are new rules from 16 August:

## Should I self-isolate if...

- |  |   |
|--|---|
| <p><b>Q</b> I've tested positive for Covid-19?</p>   | <p><b>A YES:</b> You need to self-isolate, even if you've been vaccinated</p>   |
| <p><b>Q</b> I'm double-jabbed or I'm under 18 - and I've been in contact with someone who's tested positive?</p>                 | <p><b>A NO:</b> You do not need to self-isolate<br/><b>BUT:</b> We advise you to take a PCR test, and you need to self-isolate if it's positive</p> |
| <p><b>Q</b> I've had either one or no jabs and I'm 18 or over - and I've been in contact with someone who's tested positive?</p> | <p><b>A YES:</b> You need to self-isolate</p>   |
| <p><b>Q</b> I have symptoms of Covid-19 (high temperature, new continuous cough, loss or change to sense of smell or taste)?</p> | <p><b>A YES:</b> You should self-isolate and take a PCR test, even if you've been vaccinated</p>  |

